

American Board of Quality Assurance and Utilization Review Physicians®

Promoting Health Care Quality and Patient Safety Through Education and Certification

ABQAURP's 48th Annual Conference – TENTATIVE AGENDA September 11-12, 2025 Sheraton Sand Key Resort, Clearwater Beach, FL

Partnering for Success: Quality-Focused Collaboration in Health Care

Utilizing collaboration and emerging technologies across health care settings to break down silos to ensure quality improvement.

Wednesday, September 10, 2025 4:30-6:30pm Early Registration

Thursday, September 11, 2025

6:45-7:45am Registration and Continental Breakfast Buffet

7:45am Welcome and Announcements

Sunil K. Sinha, MD, MBA, CHCQM, FACHE, FABQAURP

Education Committee Chair - ABQAURP

Medical Director for Value Based Care and Provider Network - Sentara Health Plans

8:00am Population Health – Where Are We Today?

Tabassum Salam, MD, CHCQM, MBA, FACP

Chief Learning Officer – ChristianaCare Health System

- Gain insight into the evolution of population health and discuss the key factors driving these changes.
- Discuss the impact of the shift from fee-for-service models to value-based health care on health outcomes and cost management.
- Examine effective strategies and best practices for promoting and optimizing population health initiatives and transforming health care delivery.

9:00am Legislative and Regulatory Updates

10:00am Networking Break

10:15am Block Chain for Health Care Providers

Gerard Dache - Government Blockchain Association

11:15am Hospital at Home Initiatives

Linda V. DeCherrie, MD

Vice President, Clinical Strategy and Implementation – Medically Home

- Describe the Hospital at Home model of care.
- Outline which patients can benefit from Hospital at Home.
- Identify payment and regulatory barriers to the models.

12:15pm Networking Lunch (Buffet Lunch Provided)

1:15pm Clinical Use and Cost Reduction Utilizing Artificial Intelligence (AI)

Mark Michalski, MD - Ascertain



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2:15pm Health Care for an Aging Population

Michael Hodin - Global Coalition on Aging

3:15pm Networking Break

3:30pm The Self-Leadership Framework: A New Model for Influence and Impact

Traci Fisher

Chief Executive Officer – The Wellness Coach

- Analyze how leadership behavior influences team performance, psychological safety, and organizational resilience.
- Apply key neuroscience-based strategies to enhance self-leadership, improve decision-making, and drive consistent, high-impact actions.
- Identify creative strategies for maintaining focus, resilience, and influence under pressure, transforming challenges into opportunities for long-term success.

4:30pm Quality and Safety Considerations for Reconciling Analgesic Medications During Care Transitions

Elizabeth Cook, PharmD, BCACP, DECES

Clinical Pharmacist Practitioner - Primary Care - Robert J. Dole VA Medical Center

- List steps to verify a medication regimen with a patient suffering from acute and/or chronic pain conditions.
- Describe clinical considerations in clarifying the appropriateness of an analgesic regimen.
- Identify examples of medication discrepancies that can occur when reconciling an analgesic medication regimen.

5:30pm Closing Remarks and Adjournment

5:30-7:30pm Registration and Networking Reception (21 and over only, please)

Friday, September 12, 2025

6:45-7:45am Registration and Continental Breakfast Buffet

7:45am Welcome and Announcements

CHCQM Diplomate Achievement Award Presentation

Sunil K. Sinha, MD, MBA, CHCQM, FACHE, FABQAURP

Education Committee Chair - ABQAURP

Vice President Population Health and Quality – Sentara Health Plans

8:00am Utilization Management, Industry Regulations, Revenue Leakage and Workflow Inefficiency

Timothy Brundage, MD, CCDS

Medical Director, CEO - Brundage Group

- Specify the challenges in holding Medicare Advantage plans accountable for the Medicare Two-Midnight Rule.
- Summarize utilization review workflow inefficiencies that contribute to revenue leakage.
- Examine the importance of observation length of stay as a key utilization review metric.

9:00am Throughput Optimization to Improve Quality Metrics and Patient Experience

Cynthia Moon, MD, CHCQM

Medical Director, Physician Advisory Services - Methodist Hospital

- Demonstrate how throughput and patient experience begin in the Emergency Department.
- Identify best practices for multidisciplinary rounds (MDRs).
- Describe how patient experience can improve with throughput optimization and effective MDRs.



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10:00am Networking Break

10:15am Enhancing Quality Through Utilization Management: Best Practices for UM Committee and Strategies

for Improving Resource Utilization During Healthcare Crises

Nitin Ubhayakar, MD, CHCQM

Medical Director of Advisory Services – Sound Advisory

- Identify best practices for UM Committee meetings to make actionable improvements in the hospital.
- Describe how patient throughput (length of stay) is affected by unnecessary overutilization of resources.
- Recognize how local and national emergencies can impact utilization of hospital resources and evaluate the effectiveness of strategies aimed at decreasing inappropriate utilization during these crises.

11:15am Improving Quality to Drive Down Readmissions

William Frederick, III, MD, PhD, CHCQM-PHYADV - Medical Director — Care Management/Utilization Management — Physician Advisor Group, Stanford Healthcare

12:15pm Networking Lunch (Buffet Lunch Provided)

1:15pm The Evolving Role of Physician Advisors in Quality and Safety Oversight

Carl Fitch, MBA - Principal & Practice Leader – WittKieffer

Panel Discussion: Sunil K. Sinha, MD, MBA, CHCQM, FACHE, FABQAURP; Tabassum Salam, MD, CHCQM, MBA, FACP; and Melissa Buchner-Mehling, MD, CHCQM, CPHYADV

- Trace the origin and evolution of the Physician Advisor role within the context of today's shifting healthcare landscape.
- Explain how healthcare providers are leveraging Physician Advisors in quality and safety initiatives and the
 potential impact these leaders can have across organizations.
- Identify the prerequisites and needed skills, as well as the inherent rewards and challenges, of the Physician Advisor role for those considering it as a career option and stepping stone to senior physician executive positions.

2:15pm Financial Stability Through Denials Management

Wendy Ayers, MSHI, BSN, RN, ACM - Director of Utilization Review / Revenue Cycle - Inova Health Systems

3:15pm Networking Break

3:30pm Physician Advisor and Care Team Trivia

Melissa Buchner-Mehling, MD, CHCQM, CPHYADV

Associate Chief Medical Officer of Advisory Services – Sound Advisory Services

Natasha Chen, MD, CHCQM, CPHYADV

Physician Advisor - Natasha L. Chen, M.D. PLLC

- Describe Medicare beneficiary notices and when to issue.
- Assess the appropriate level of inpatient or outpatient care and best practices for documenting and billing patient services
- Identify physician advisor roles and responsibilities within the health care team

4:30pm Closing Remarks and Adjournment